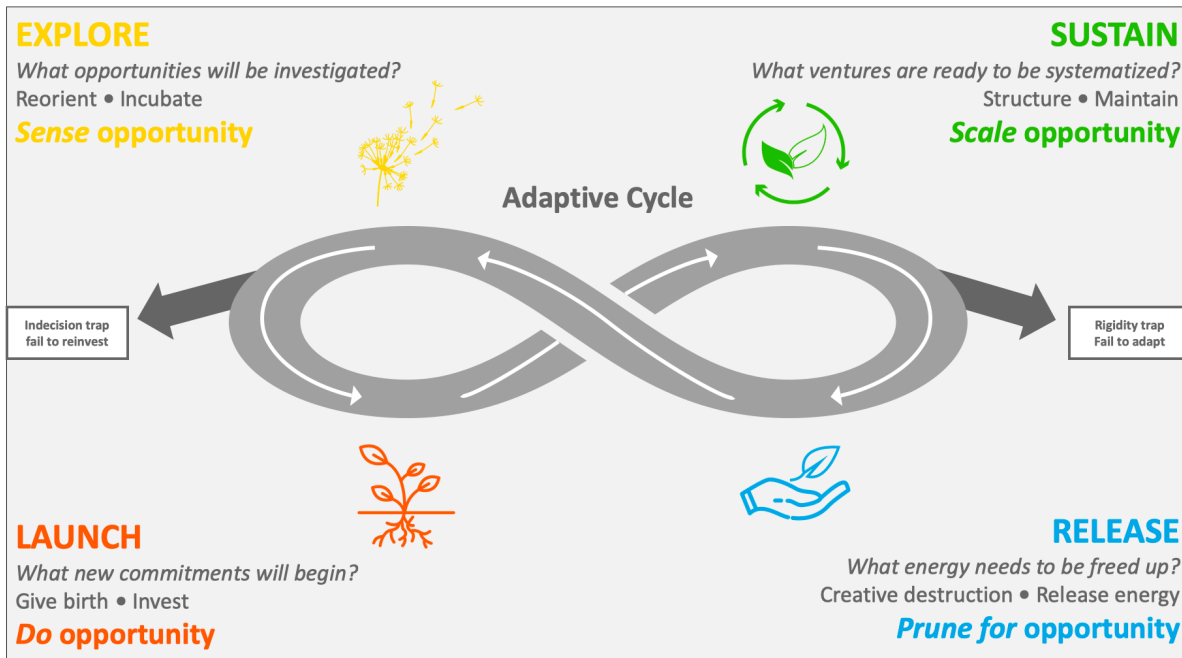


Leading Through Disruption: A Living Systems Path to Rapid Adaptation

Adaptive Cycle



Referencing the adaptive cycle diagram above to explore ways to move past obstacles more quickly and adapt more naturally to our changing environment, ask yourself or your team these powerful questions:

Sensing Rigidity

What are you holding onto right now that you need to let go of...so you can adapt more rapidly (individual and in your organization)?

Sensing Opportunity

What is it that you hope to get by the letting go? What are the opportunities?
